

Behavioral Health Advisory Council

Meeting Minutes November 20, 2015

Members Present: Lonnetta Albright, Julie Barron, Joelene Beckett, Linda Burghardt, Karen Cashen, Elmer Cerano, Mary Chaliman, Sara Koziel (for Becki Cienki), Michael Davis, Norm DeLisle, Kevin Fischer, Benjamin Jones, Arlene Kashata, Lauren Kazee, Kevin McLaughlin, Chris Flores (for Paula Nelson), Stephanie Oles, Jamie Pennell, Neicey Pennell, Marcia Probst, Mark Reinstein, Ben Robinson, Lori Ryland, Kristie Schmiede, Terri Henrizi (for Jane Shank), Patricia Smith, Brian Wellwood

Members Absent: Glynis Anderson, Erin Emerson, Mary Beth Evans, Marlene Lawrence, Tina Louise, Kevin O'Hare, Sally Steiner, Jeff Wieferich, Cynthia Wright

Others Present: Glenn Cornish, Lorianne Fall, Deborah Hollis, Eric Kurtz, Jennifer Stentoumis, Brenda Stoneburner, Lynda Zeller

Welcome and Introductions – Mark Reinstein called the meeting to order at 10:10 a.m. Introductions were made.

Review and Approval of Minutes – Jamie moved/Kristie seconded – amended as written below: Page 2, under Fiscal Year 2016-17 State Block Grant Application Planning Discussion, should read: The Block Grant application for fiscal year 2014-15 is on the MDHHS website and Karen will send the link out to the group. Page 4, under Public Comment, should read: Linda Burghardt. Minutes approved with typos corrected.

BHDDA Updates – Lynda Zeller

Lynda thanked the council members for volunteering to be a part of the BHAC and emphasized the importance of their contributions to the behavioral health system. Lynda indicated that Eric Kurtz will give a more in-depth update on the CCBHC and Waiver projects later in the meeting.

- Innovation Accelerator Project (IAP) – CMS has been helping us evaluate and strengthen the SUD Prevention and Treatment System of Michigan through the IAP process. Michigan came out of the review looking good with only 2 exceptions, training issues and staff credentialing issues. Neither of these were major issues but they will be addressed.
- Autism ABA Services Expansion – The plan to expand ABA services beyond age 6 is still looking at a January 1st start date.
- Diversion Council – This is a governor appointed council. The council has developed an action plan and there is also a separate group and plan for juvenile justice diversion. Lynda suggested that Steven Mays and Michelle Hill from MDHHS could come to the BHAC to explain more about the work going on in the diversions councils.
- Health Homes in FQHC's and CMHSP's – Pilots are continuing in the CMHSP's and are in the planning stages in the FQHC's.

- Medicaid Health Plan Bid Out – The process is nearly complete. MHP's must serve the whole region they have been awarded. There are shared quality and performance metrics between MHP's and PIHP's. The new providers begin January 1st. The hope is that MHP's and PIHP's will work together better if their performance assessments and funding depend on the performance of both systems.
- Super Utilizers Project – Using the results of the super users study done for the Healthy Michigan Plan as a starting point, additional study into the contributing factors that make someone a “super utilizer” is being done in hopes of addressing some of those issues. Additional studies are going on in the state in other departments, such as housing, and hopefully the results of these comprehensive studies can give hard evidence to help focus interventions. The BHAC members had some great suggestions for Lynda of other projects going on in the state that are also focusing on high utilizers. Lynda asked that if other members hear of information in this arena, please let her know.
- Opioid Report – The Governor's Opioid Report was released. BHDDA will be involved in the Prevention and Treatment section of the report, most deeply. Regulation, Enforcement, Policy, and Outcomes are the other 4 sections of the report. Kevin McLaughlin emphasized the need for including recovery and peer run organizations and peers in the development of plans and interventions. Lynda asked for additional input from BHAC members on this issue as well. Concern was also raised by BHAC members that the new policy on SUD treatment in primary care, is limited to Opioid, rather than more broadly for SUD.
- Policy on Primary Care Treatment – Pending legislation proposes the ability to access behavioral health outpatient services prior to an assignment of a MHP; however there are concerns about other parts of this legislation (noted above).
- Defending Childhood Initiative – This group is promoting trauma screening, assessment, and treatment for all children involved in any child serving system; e.g., child welfare, education, juvenile justice, mental health. Mary Chaliman indicated that the group identified the MHP's as a target for training as they are often the first contact and gatekeepers for children receiving appropriate services. A trauma training initiative is being implemented for MHP staff.

CCBHC and 1115 Waiver Updates – Eric Kurtz

- 1115 Waiver Update - A copy of the Section 1115 Waiver Summary document will be provided to the BHAC. Eric Kurtz provided some historical background related to Michigan's current 1915(b)/(c) waivers and the need to consider new waiver options due to the long history and difficulty of meeting 1915(b) cost effectiveness as defined by CMS. Based on internal and external Technical Assistance provided by CMS, MDHHS, and BHDDA determined that pursuing a Section 1115 Waiver was one of its best options. The proposed 1115 Wavier will encompass all the existing waivers, B and B3 services into one demonstration project. This waiver proposes an integrated service system for all specialty behavioral health populations. The point of the demonstration is to identify the behavioral health interventions that actually reduce health care costs and to create a system that allows for the reinvestment of care savings into additional

behavioral health services. The 1115 Waiver application is nearly ready to be released for public comment. The 1115 Waiver does not specifically include FQHC's but they will be likely partners. Eric encouraged BHAC members to participate in the public comment and forums on the 1115 Waiver.

- CCBHC – Michigan was awarded a 1-year CCBHC Planning Grant and it began October 1st. In this year, selection of sites, processes for payment, plans for meeting all the requirements for certified CCBHC's and other issues will be addressed. The CCBHC's planning group will be asking for participation of BHAC members on advisory and steering committees for the CCBHC project. MPH and PSC will be bringing these groups together. Eric will send information about participating in these groups to Karen and she will send it out to the BHAC. Eric's best guess is January for selection of sites.

Election of Officers

Norm DeLisle nominated Mark Reinstein for Chair, Kristie Schmiede supported. The BHAC voted on the nomination and Mark Reinstein was approved for the chair position. Neicey Pennell nominated Jamie Pennell for vice chair, Brian Wellwood seconded the nomination. The BHAC voted on the nomination and Jamie Pennell was approved for the vice chair position. Kristie Schmiede volunteered for the secretary position. Norm DeLisle officially nominated Kristie Schmiede and Elmer Cerano seconded the nomination. The BHAC voted on the nomination and Kristie Schmiede was approved for the secretary position.

2016 BHAC Meeting Dates – The current meeting space may be questionable for next year, so the meeting location is “to be determined” at this time. Karen will shoot for the 2nd Friday of the month and try to find a confirmed location. She will send out appointments for all meetings. She will try for 5 meetings. Karen asked that BHAC members really assess their commitment to attending the council meetings and if they feel they cannot commit to the council at this time, let her know.

Block Grant Behavioral Health Reports – Karen Cashen and Jennifer Stentoumis
Hard copies of the draft Implementation Reports were provided at the meeting. Jennifer reported on the MHBG Children's Section. Karen reported on the MHBG Adult Section and reviewed the URS Tables. Karen reported on the Substance Abuse Prevention and Treatment Block Grant. Marcia moved and Norm seconded the BHAC writing a letter indicating they have had a chance to review and comment on the FY15 Implementation Report. BHAC approved.

Public Policy Updates – Mark Reinstein

- Common Formulary – Mark explained the common formulary process thus far. The BHAC had asked to be involved in this process, however, they were not asked to be involved. The BHAC sent a letter to Nick Lyon about this, so far no response. Another group of mental health advocates met with Nick Lyon on this issue without much success. A letter to Nick Lyon was sent by that group as well – hand out provided. One of the concerns here is that DHHS has not committed

beyond 2016 as to whether behavioral health drugs will remain carved out from control of Medicaid Health Plans.

- Assisted Outpatient Treatment – There is a bill through the House, HB 4674, which proposes changes to the current AOT law in Michigan. A hand out was provided on the proposed changes. There is federal legislation including AOT out there as well.
- Guardianship Taskforce – The Diversion Council assembled this taskforce. The scope of the taskforce was very limited, per Mark’s experience, for adults with MI and DD. The group recommended a separate group be assembled to address guardianship of minors because there was not sufficient expertise on the assembled group to make any recommendations. No recommendations were made on guardianship for adults with DD. Two recommendations regarding adults with MI were made. Within the narrow scope of the group, a list was compiled of issues and items that could be addressed if the Diversion Council chooses to address them.
- Petition/Clerical Certificate for Psychiatric and Hospitalization – Robin Eagleson at SCAO is the person to contact if you have an opinion about whether or not certification or petition for civil commitment should be confidential. There is also legislation in the works about this HB 4793. There are many complicated issues surrounding these items.
- House Bill 4942 and 4943
 - HB4942 – If a person is deemed a threat to self or others, the bill spells out specific categories of people who can go to court to ask that a weapon be removed from someone.
 - HB4943 – Already exists to prevent certain people from obtaining a weapons permit. Ties in with 4942.
- MHA in Michigan Parity Survey – The survey is currently available on Survey Monkey. Please promote it in your spheres of influence.
- Reductions of Services to People with MI and Disabilities - Elmer Cerano indicated they have been encountering situations where services are being reduced to people due to agency financial issues, not need of the person.
- Eliminating the Use of Seclusion and Restraint In Schools – Elmer Cerano indicated that additional work is continuing on addressing this with the Department of Education.
- Current MA Proposal – Glenn indicated the proposal to cover medical services for people with SUD if they are opiate dependent only is not sufficient.

Recovery Reports – Kristie Schmiede

Kristie gave updates from the ROSC meeting. There was much reporting out and discussions about holding forums regionally to discuss integrated care and how agencies can utilize billing codes efficiently. There was a hand out provided about a change to MA allowing expanded use of codes. The Unite to Face Addiction rally was held in Washington D.C. on October 4th and was well attended and hopefully will continue the conversation on addressing addiction.

Public Comment – No public comment

Announcements

- Benjamin Johnson - Asked if the BHAC could have a state level staff person from LARA come and update the group on the Medical Marijuana laws and implementation.
- Mike Davis – He is willing to update the group on the Peers in Prisons Project. He indicated there have been twenty female and twenty-five male peers trained.
- Julie Barron - CEI has a new Executive Director – Sara Lurie.
- Kevin Fischer - NAMI Walk was extremely successful. They are expanding to 2 walks in 2016. He had some end stigma resources available. He wanted the group to know about an incident at the Northern Michigan University stigmatizing 14 students for expressing suicidal or self-destructive thoughts to another student. Kevin will get a copy of the letter sent to students. Please use your advocacy skills to contact NMU to point out the stigma being perpetuated by this practice.
- Stephanie Oles – Homelessness Awareness Week is this week. She told a moving story about a chronic homeless man named Cookie.
- Linda Burghardt – Encouraged everyone to help to disseminate parity survey.
- Marcia Probst – November is National Transgender Awareness month.
- Benjamin Jones – Dignity Awards Luncheon at Cobo Arena to honor those working in and supporting recovery in December. Contact Ben if you would like to attend.

Mark adjourned the meeting at 2:45 p.m.